

## COUNSELING COUPLES IN CONFLICT

Since conflict is inevitable and unavoidable in all organizations and relationships, it is imperative that we understand its purpose, value and result. Conflict is not necessarily bad or always negative. The Bible teaches that some differences in life are healthy and beneficial. This workshop will teach us how to identify and respond to conflict in a Biblical way, thus using the conflict as an opportunity to glorify God.

### IN THIS WORKSHOP YOU WILL LEARN:

- What is a Conflict
- How to Biblically Handle Conflict
- Some Causes of Conflict
- Some of the Different Types of Conflict
- The Purpose and Value of Conflict
- The Power of Healthy Conflict
- Unlocking Healthy Conflict
- How to Effectively Understand and Deal with Conflict Resolution

### AFTER TAKING THIS WORKSHOP YOU WILL BE ABLE TO:

- Identify Some of the Causes of Marital Conflict
- Create Biblical Plans to Resolve Marital Conflict
- Articulate the Benefit and God Designed Purpose of Conflict
- Establish A Step by Step Biblical Road Map that Promotes Spiritual Maturity in Marriage

## COUNSELING YOUTH THROUGH THEIR ISSUES

Our children and teens face a very challenging world where peer pressure, negative media images and the breakdown of the family structure have led many of our youth to make poor and unhealthy choices. Such problems can be overwhelming for parents and other caring adults in their efforts to help children deal with such issues. This workshop will help counselors equip themselves in understanding how to help children and teens cope with their issues.

### IN THIS WORKSHOP YOU WILL LEARN:

- The Developmental Needs of Children and Youth
- Biblical and Practical Counseling Strategies for Helping Children and Youth
- The Resources Available for Counseling Children and Youth
- How to Help Children Handle Emotional Issues (Anger, Stress, Anxiety, Bullying, etc.)
- How to Help Children Resolve Painful Emotional Experiences Linked to Traumatic Events

### AFTER TAKING THIS WORKSHOP YOU WILL BE ABLE TO:

- Minister to Children Dealing with Emotional/Social Problems
- Become Familiar with Biblical and Practical Counseling Strategies and Resources to Help Children During Counseling Sessions

## PITTSBURGH LAYMEN'S BIBLE INSTITUTE

BETHANY BAPTIST CHURCH  
7745 Tioga Street  
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## HELP, HOPE AND HEALING FOR THE HURTING

# BIBLICAL COUNSELING CONFERENCE

## APRIL 11—12, 2014

- ◆ Counseling Those Who Are Grieving
- ◆ Counseling Blended Families
- ◆ Counseling Through Church Conflict
- ◆ Counseling Couples in Conflict
- ◆ Counseling Youth Through Their Issues



ISAIAH 61:3 "To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; ..."

Open to Pastors, Counselors, and Lay People

To register or receive more information:

Visit: [www.bethanybaptist-pgh.org](http://www.bethanybaptist-pgh.org) ◀

Call: 412.246.4463

## COUNSELING THOSE WHO ARE GRIEVING

Because we live in a fallen world, at some point in time everyone will experience grief. Some people are able to grieve in a healthy way but others struggle with their grief. At whatever level a person is grieving, this workshop will help God's people minister to them.

### IN THIS WORKSHOP YOU WILL LEARN:

- The Theological Understanding of Grief and Death
- The Nature of Grief
- Influences that Determine How a Person Reacts to a Loss
- The Effects of Grief
- The Meaning of Abnormal Grief
- The Types of Abnormal Grief
- How to Grieve in a Healthy Manner
- How to Grow from Grief
- The Types of Losses
- The Types of Death
- The Phases of a Crisis

### AFTER THIS WORKSHOP YOU WILL BE ABLE TO:

- Minister to Those Who Are Dealing with a Loss
- Minister to Those Who Have Experienced the Death of a Child, Parent, Spouse, Sibling, or Friend
- Point the Individual Who Is Grieving to Resources that Will Aid in the Grief Recovery Process



## COUNSELING BLENDED FAMILIES (BLEND DON'T BREAK)

Today more than 4 out of 10 American adults have at least one step relative in their family. Statistics show that one-third of all of today's families are step-parent families.

### IN THIS WORKSHOP YOU WILL LEARN:

- What makes up a blended family
- Why blending a family is so difficult
- The roles of a step-parent
- Stages of step-family development
- Why many blended family marriages end in divorce
- What the step-child should call the step-parent
- Common step-child discipline problems

### AFTER THIS WORKSHOP YOU WILL BE ABLE TO:

- Have a pattern of success for blended families
- Recognize as well as navigate through some unrealistic expectations in a blended family
- Begin to develop some cohesiveness in dealing with blended families



## COUNSELING THROUGH CHURCH CONFLICT (ON ONE ACCORD)

Conflict in God's House keeps members on different sides of the fence and reduces the work and Kingdom impact God has ordained for each of us. This is not a lecture, but an interactive workshop allowing participants to be actively involved in discussions, activities and decision-making. The goal is that all participants will leave with a set of spiritual tools that can be used to reduce and resolve conflict not only in God's House, but also in their personal lives.

### IN THIS WORKSHOP YOU WILL LEARN:

- The definition of conflict
- The sources of conflict and the triggers that cause it to escalate
- Strategies to improve verbal and non-verbal communication skills in order to reduce conflict
- How to look at a difficult situation from the other person's perspective
- How to work with others to support the pastor and leadership of the church

### AFTER THIS WORKSHOP YOU WILL BE ABLE TO:

- Define conflict
- Identify personal conflict and poor communication as the leading causes of conflict
- Assess how conflict can escalate and use the strategies presented to keep conflict to a minimum
- Utilize scriptures that teach about conflict resolution
- Create a personal plan for dealing with conflict

